Backend installation instructions

1. Download and install VS code, NodeJS, you may need to add “C:\Program Files\nodejs\” to the end of your Path variable on the "User variable" section of the Environment Variables on the System Properties. Or reboot after installing nodejs should fix issues later also.
2. Open the “Backend” folder in visual studio code
3. Open a new terminal via the menu “Terminal > New Terminal”
4. Type in “npm install” to install all npm dependencies
5. Type “node index.js” to start the server, you can then open a web page at localhost:3000 or uncomment the auto open code in index.js